



LIFE'S
KITCHEN

— ◆ —
A LOVE OF FOOD &
A SENSE OF OCCASION

Day Delegate Packages 2014

LIFE'S KITCHEN LTD
0800 915 0978
INFO@LIFESKITCHEN.COM
WWW.LIFESKITCHEN.COM

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Day Delegate Packages

Early Morning Break

Freshly Brewed Fairtrade Coffee and a Selection of Traditional and Fruit Teas
Freshly Squeezed Orange Juice
Selection of Mini Sweet and Savoury Pastries
Still and Sparkling Mineral Water

~

Mid Morning Break

Freshly Brewed Coffee and a Selection of Traditional and Fruit Teas
Luxury Biscuit Selection
Still and Sparkling Mineral Water

~

Afternoon Break

Freshly Brewed Coffee and a Selection of Traditional and Fruit Teas
Homemade Cake Slices
Still and Sparkling Mineral Water

~

**All of the above included in Day Delegate Rate Plus One of the Lunch
Buffets Listed Below**

Lunchtime/Conference Beverages

Still and Sparkling Mineral Water
Freshly Squeezed Orange Juice
Ocean Spray Cranberry Juice
Luscombes Organic Presse
House Red and White Wine
Charged on Consumption

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Lunch Buffet Options

Gourmet Sandwiches

Selection of Fresh Cut Sandwiches Served on Speciality Breads
With Gourmet Meat, Fish and Vegetarian Fillings

~

Fresh Cut Fruit Platter

Finger Buffet

Selection of Fresh Cut Sandwiches Served on Speciality Breads
With Gourmet Meat, Fish and Vegetarian Fillings

~

Tomato, Shallot, Basil and Parmesan Bruschetta (v)

~

Crispy Sesame Chicken Goujons Soy and Garlic Mayo

~

Sweet Beetroot and Goats Cheese Tarts (v)

~

Salmon and Crab Fish Cakes with Sweet Chilli Dip

~

Fresh Cut Fruit Platter

Life's Kitchen Deli Boards

Continental Style Deli Boards Beautifully Presented with an Array of Fine
Charcuterie, Terrines, Smoked Fish, Seafood
and Continental Cheeses, Accompanied with Rustic Fresh Baked Artisan Rolls
Chutneys and Pickles

~

Fresh Cut Fruit Platter

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Fork Buffet (A)

Hot

Beef A' la Mode with Baby Vegetables and Potatoes

~

Rocket and Ricotta Tortellini

Rich Ragout of Provençal Vegetables (v)

~

Roasted Fillet of Salmon with Saffron Fondant Potato
Orange, Vermouth and Green Sauce Peppercorn Sauce

~

Cold

Vine Tomato, Basil and Bocconcini Mozzarella Salad

~

Crisp Green Salad with Croutons and Parmesan Dressing

~

Roasted Zucchini and Pepper Cous Cous Scented with Fresh Lime

~

Dessert

Mango, Pineapple, and Watermelon Cocktail

~

Dark Chocolate Torte

Mixed Berry Salad, Almond and Vanilla Cream

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Fork Buffet (B)

Hot

Blanquette de Poulet
Thyme Potatoes, Asparagus and Fine Beans

~

Steamed Plaice Fillet Florentine
Crushed Charlotte Potatoes
Fine Butter Sauce

~

Vegetable Cassoulet
Roasted Baby Aubergines (v)

~

Cold

Tossed Mixed Salad
Creamed Vinaigrette

~

Carrot and Coriander Salad, Lemon Oil

~

Sun-blush Tomato and Pesto Pasta

~

Dessert

Fresh Fruit Salad and Fresh Pouring Cream

~

Lemon Tart
Raspberry Compote, Orange Cream

Bowl Food Selector

Please choose Six Dishes from the following

Savoury

Mini Pork and Leek Sausages, Grain Mustard Mash, Rich Onion Jus, Pea Shoots

~

Pan Fried Chicken and Shitake Mushrooms in Oyster Sauce with Egg Noodles

~

Crayfish Salad with Crisp Baby Gem, Mini Plum Tomatoes, Cocktail Dressing

~

Rocket and Ricotta Tortellini, Mediterranean Vegetable Ragu, Parmesan
Shavings (v)

~

Slow Braised Beef with Herb Dumplings and Creamy Mashed Potato

~

Lamb Rogan Curry with Basmati Rice and Mini Popadoms

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~
Chicken and Avocado Salad with Ruby Chard, Toasted Croutons, Parmesan
Dressing

~
Slow Roast Belly of Pork with Cider and Mustard Sauce, Sage New Potatoes and
Pork Crackling

~
Saladette of Colsten Basset Stilton, Poached Pear, Walnuts and Wild Roquette,
Sweet Mustard Dressing (v)

~
Sauté Tiger Shrimp Stir Fry with Sweet Chilli Sauce and Egg Fried Rice

~
Creamy Wild Mushroom, Chive and Pea Risotto with Parmesan Crisp (v)

~
Sweet

Raspberry Crème Brulee

~
Chocolate Tart with Strawberry Compote

~
Fresh Fruit Bowls with Passion Fruit Cream

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