



LIFE'S KITCHEN

— ♦ —
A LOVE OF FOOD &
A SENSE OF OCCASION

Day Delegate Packages 2016-17

LIFE'S KITCHEN LTD
0800 915 0978
INFO@LIFESKITCHEN.COM
WWW.LIFESKITCHEN.COM

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Day Delegate Package

Early Morning Break

Freshly Brewed Fairtrade Coffee and a Selection of Traditional and Fruit Teas
Freshly Squeezed Orange Juice
Selection of Mini Sweet and Savoury Pastries
Still and Sparkling Mineral Water

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Mid Morning Break

Freshly Brewed Coffee and a Selection of Traditional and Fruit Teas
Luxury Biscuit Selection
Still and Sparkling Mineral Water

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Lunch

All of the above included in Day Delegate Rate Plus One of the Lunch Buffets
Listed Below

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Afternoon Break

Freshly Brewed Coffee and a Selection of Traditional and Fruit Teas
Homemade Cake Slices
Still and Sparkling Mineral Water

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Lunch Buffet Options

Gourmet Sandwiches

Selection of Fresh Cut Sandwiches Served on Speciality Breads
With Gourmet Meat, Fish and Vegetarian Fillings

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Fresh Cut Fruit Platter

Finger Buffet

Selection of Freshly Cut Finger Sandwiches

Free Range Egg and Cress

Smoked Salmon with Fresh Lemon and Black Pepper

Roast Beef and Horseradish

Coronation Chicken and Rocket

Whipped Goats Cheese and sun Blush Tomato

Hot and Cold Finger Food Items

Smoked Salmon and Horseradish Tartlets (Hot or Cold)

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Parma Ham and Roasted Tomato Roulade

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Tomato and Basil Bruschetta (Cold, V)

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Teriyaki Beef Skewers (Hot)

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Tempura Squid, Garlic Mayonnaise (Hot)

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Roasted Vegetable Filo Parcels (Hot, V)

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Thai Fishcake, Sweet Chilli Dip (Hot or Cold)

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Baby Gem, Prawns and Marie Rose Sauce (Cold)

~

Deep Fried Risotto Cakes (Hot, V)

~

Roasted Red Onion and Goats Cheese Melt (Hot, V)

Sandwiches plus 3 Finger Food Items

OR

Sandwiches plus 5 Finger Food Items

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Life's Kitchen Deli Boards

Continental Style Deli Boards Beautifully Presented with an Array of Fine
Charcuterie, Terrines, Smoked Fish, Seafood
and Continental Cheeses, Accompanied with Rustic Fresh Baked Artisan Rolls
Chutneys and Pickles

~
Fresh Cut Fruit Platter

Hot Two Course Fork Buffet

Meat Main Course Options

Slow Cooked Pork Belly
Sage Roasted Baby Potatoes and Apple Scented Jus

~
Braised Blade of Beef
Sauté Potatoes with Lardons of Smoked Bacon

Fish Main Course Options

Whitefish and Parsley Fishcakes
Light Lemon Cream

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Pan Fried Stone Bass
Buttered Fondant Potato, Soft Herb and Olive Oil Dressing

Vegetarian Main Course Options

Wild Mushroom Gnocchi
Vegetable Ragout Sauce

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Stuffed Peppers
Rich Tomato Sauce, Crumbled Feta
(Further Menus Available)

Dessert

Chefs Selection of Mouth Watering Desserts with Cream and Fruit Coulis

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Fresh Fruit Salad

2 x Main Dishes, 2 x Salads & Dessert

OR

3 x Main Dishes, 2 x Salads & Dessert

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